

Medical Injectables Aftercare

To limit complications, please try to carefully follow our treatment aftercare. Should you have any questions or concerns after your treatment please do not hesitate to contact us.

Botox®

After Treatment Care

- Try not to rub or massage the treatment area for 24 hours.
- Cleanse your face gently in the evening after treatment, without rubbing the treatment area.
- Do not apply makeup for 4 hours following treatment.
- Avoid physical exercise and saunas on the day of treatment.

What to Expect after treatment

The results of the treatment can be seen within a week. Maximum effect may not be seen until 4 weeks after the treatment.

The treatment can be effective for up to 4 months after injection. Allow at least 3 months between treatments.

After injection the area may have some slight redness and swelling, which normally resolves within an hour. This is normal and to be expected.

Contact your healthcare practitioner immediately if you experience any signs of an allergic reaction.

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After Treatment Care

- Avoid Aspirin, Motrin, Gingko Biloba, Garlic, Flax Oil, Cod Liver Oil, Vitamin A, Vitamin E, or any other essential fatty acids for at least 1 week after treatment.
- Do not touch, press, rub or manipulate the injected areas for at least 6 hours after treatment.
- Avoid vigorous exercise, sun, and heat exposure for 2 days after treatment.
- Avoid the use of Retinol or similar products for 2 days after treatment.
- Avoid cosmetic treatments such as laser, ultrasounds, peels, facial or micro-dermabrasian for 2 weeks after your treatment.
- Try to avoid wearing makeup until the day after your treatment.

If you have had any cold sores or oral perperetic infection in the past, any treatment to your face may trigger reactivation.

What to Expect after treatment

The results of the treatment are expected to last between 6 months to 1 year. After treatment you may experience mild redness, swelling or tenderness. This is normal and to be expected. Bruising may also occur just after injection.

Please contact your healthcare practitioner without delay if you experience any of the following after your treatment:

- Any eye pain or visual disturbance.
- Discoloured blotches, which may look like a spreading bruise.
- Skin blanching, which may look like areas of skin whitening.
- Severe or increasing levels of pain.
- Pustules and/or blisters.
- If skin becomes red, inflamed and hot to the touch.
- If skin becomes increasingly swollen or increasingly itchy.