

Alumier^{MD}

POST-PEEL CARE

You have just received an AlumierMD Skin Treatment. Results from your treatment can be affected by a number of factors.

To maximise the potential of your treatment and reduce the risk of complications, please follow the post-peel instructions outlined in this form.

WHAT TO EXPECT

AlumierMD skin treatments result in minimal to no downtime but create dramatic and visible results.

Treatments may cause the following for up to 24 hours (these are normal, expected outcomes and are not reason for concern):

- Redness / Tightness / Itchiness / Sensitivity / Slight Swelling

Specific treatments may cause the following for three to five days (these are normal, expected outcomes and are not reason for concern):

- Temporary Dryness / Skin Peeling / Flaking

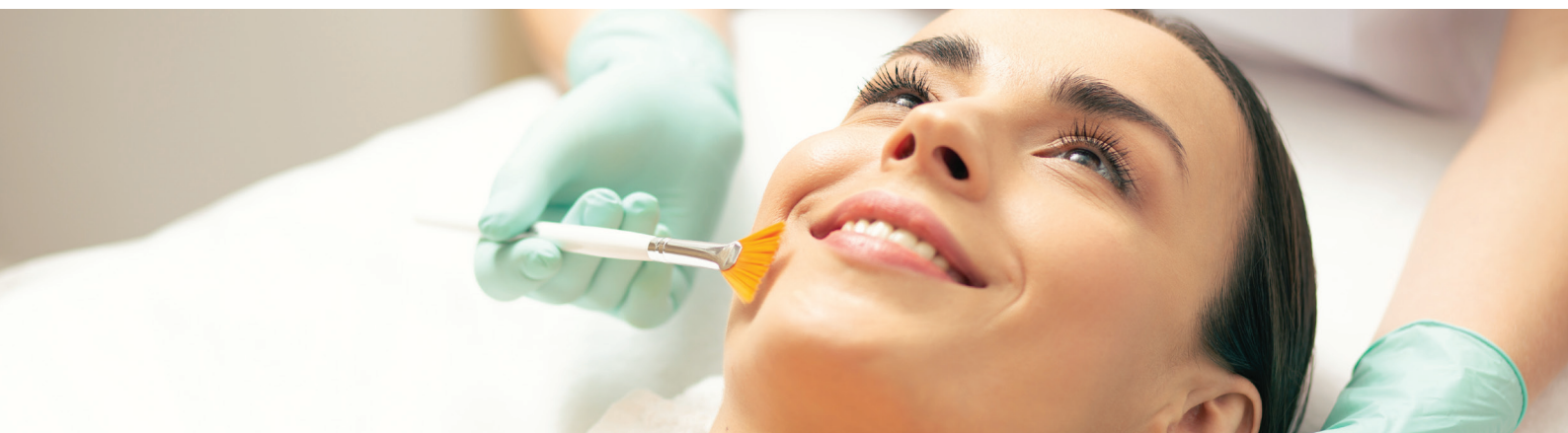
The treated area may or may not actually peel as each treatment is individual.

It may take two or more treatments to target the deeper layers of skin to loosen and 'peel'. The degree of peeling does not necessarily reflect the efficacy of the procedure. Refrain from removing peeling skin by any means including picking, peeling and exfoliating as it could result in discolouration or scarring.

CARING FOR YOUR SKIN AFTER TREATMENT

- ✗ If you have just received a peel, avoid getting the skin wet for a minimum of eight hours.
- ✗ Avoid makeup / self tanning products / direct sun exposure, ice or ice water on the treated area and excessive heat for the rest of the day.
- ✗ Avoid hot tubs, steam rooms, saunas, excessively hot showers, swimming and aerobic exercise for two days.
- ✗ Avoid AHA and BHA skincare for three to five days.
- ✗ Avoid electrolysis, waxing, threading or any other form of hair removal for seven days.
- ✗ Avoid tanning booths, facial scrubs or mechanical forms of exfoliation, retinoic acid, laser hair removal, photofacials, chemical peels or microdermabrasion for 14 days.

In case of emergency such as allergic reaction, please contact your AlumierMD professional and proceed to the nearest pharmacy for advice.



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OUR POST-PEEL KIT

This post-treatment kit has been created to care for your skin following a chemical peel or professional treatment. Follow the post-peel guidelines and use only the three AlumierMD products in this kit for five to seven days:

1. SENSICALM CLEANSER (15 mL / 0.5 Fl. oz)

A smooth hydrating cleanser, that delicately removes impurities and excess oil while calming skin. Yucca root extract is a gentle natural cleanser; niacinamide, ceramides, vitamin E and sunflower seed oil moisturise, leaving skin smooth, soft and intensely hydrated. Aloe soothes skin and calms redness.

Instructions: Massage into skin and rinse thoroughly.

2. RESCUE BALM PRO (15 mL / 0.5 Fl. oz)

Specifically formulated for post-procedure recovery, packed with soothing and antioxidant ingredients, this moisturiser relieves redness and calms skin. Niacinimide and ceramides relieve redness, aloe, honey and boswellia soothe and copper peptide rehabilitates the look of skin.

Instructions: Gently massage into clean skin with fingertips. Apply during the day as needed.

3. CLEAR SHIELD BROAD SPECTRUM SPF 30 SUNSCREEN (15 mL / 0.5 Fl. oz)

An oil-free physical sunscreen that provides powerful protection against harmful UVA and UVB rays, using a combination of zinc oxide and titanium dioxide. This formula is packed with free-radical quenching antioxidants, hydrating sodium hyaluronate and 4% niacinimide to reduce irritation after an in-clinic treatment.

Instructions: Apply liberally to treated areas after cleansing and applying Rescue Balm Pro. Reapply throughout the day.



A.M. PROTOCOL

STEP 1: SensiCalm Cleanser

STEP 2: Rescue Balm Pro

STEP 3: Clear Shield Broad Spectrum Sunscreen SPF 30



P.M. PROTOCOL

STEP 1: SensiCalm Cleanser

STEP 2: Rescue Balm Pro

Discontinue use if any products cause burning on the skin and contact your skincare provider.

If you have any questions or concerns, please contact your AlumierMD professional.

I agree to follow all post peel instructions outlined in this document and accept full responsibility for any adverse event that occurs as a result of me failing to do so.

SIGNED PATIENT _____

DATED _____

SIGNED PRACTITIONER _____

DATED _____